

CONTRIBUTIONS

Leadership Coaching

EFL Core Values: Quality Relationships; Meaningful Work; Inner Harmony

Organisations and individual professionals who share with me their initial ponderings, in relation to themselves and their stakeholders, know that I will always make time to identify their best way forward – even if it means that it doesn't include my service provision. We both know and value that we will work together when that works for them. And I know that my colleagues will refer to me in the same way, and I am grateful for that.

That is the nature of contribution and community that I value.

LEARNING POINTS

Leadership Coaching

Two perspectives on the Core Values of Leadership

Simon Sinek*

- **Selflessness** – where others trust that you are “willing to take care of others”
- **Empathy** – “kindness begets” kindness – putting others ahead of yourself “is the practice of leadership”
- **Grace under fire** – being able to manage your own stress.

**thanks to Jill Krasny*

Māori perspective^

- **Whakaiti** – humility. Enabling and building others
- **Ko tau rourou, manaakitanga** – generosity, altruism. Care and generosity for the wellbeing and development of others and the future
- **Whanaungatanga** – deep relationship with others – current, past and future
- **Tāria te wā, kaitiakitanga** – long-term thinking, guardianship. Being patient for the long journey of sustainability and protection
- **Tikanga Māori** – cultural authenticity. Be guided by and hold fast to Māori way of doing things.

^thanks to Dr Maree Roche.

I think that I'd want to add “A clear sense of, and passion for, your purpose”.

What are the core values of leadership for you?

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Thanks for your referrals and recommendations – always appreciated

COACHING

PSYCHOSOCIAL SUPPORT

SUPERVISION

CONTRIBUTIONS

Psychosocial Growth

Continuing to work with returning humanitarians as they de-compress both from the field and managed isolation (which is sometimes unexpectedly more stressful than the overseas posting).

LEARNING POINTS

Psychosocial Growth

Whatever your role, if you're just meeting your new boss, or inducting a new arrival, make sure the first meeting includes:

- **Communications** – required meetings, reports and chain of accountability
- **Hibernations and Evacuations** – key things to do in an emergency
- **Expectations** – what do you need from each other to be the best you can be
- **Vacations** – confirm and record the first leave (or two)

And, in terms of effective working, what:

- **Maintains** – their best performance
- **Drains** – their best performance
- **Sustains** – and helps them recover quickly when their spirits and motivation are challenged

Supervision

Building my international peer supervisor networks to extend my understanding of and contribution to a better understanding of coaching supervision as it is applied across diverse global regions engaged with rapid climate, cultural and socio-political change.

Supervision

Curious– about the increasing exploration of mental health in coaching conversations. At what point do such discussions defer to counselling and therapy by appropriately trained professionals?

Discovering – that, whilst having always aspired to ensure that professional development, accountability and support are thematic within the functions of the supervision that I provide, the existential consideration of meaning is becoming increasingly relevant.



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